

BRIDGES

WEDNESDAY, NOVEMBER 20, 2013

SPACES:

Rider fans' garage transformed to game day headquarters. **P. 10**

CITY FACES:

Dave Pettigrew, the man behind the Grey Cup party. **P. 12**

WINE WORLD:

Hot, spiced Swedish Glogg to keep you warm. **P. 27**

A STARPHOENIX COMMUNITY NEWSPAPER

PLAYING FOR THE TEAM

MEET JUNE TRUEMAN:
JUST YOUR AVERAGE
GLOBE-TROTTING,
PEP-SONG-PLAYING,
KILT-LIFTING, SAXY GRANNY. **P. 4**



FREE

INVENTORY

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The Rider Store is decked out for the 2013 Grey Cup.

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ON THE COVER PG. 4



June Thiemann, #44, is a member of the Seafair/Cheesecake Roughriders Pep Band and will be attending her 21st consecutive Grey Cup with the group this year in Regina. (Bridgette McNeil/INVISION/STARPHOTO)

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MY FAVOURITE PLACE PG. 15



Lynette Wenzelberg, a cheerleader for the Roughriders, says Muttart Stadium or RBC Cup Park is her favorite place to watch football in Saskatoon. (Bridgette McNeil/INVISION/STARPHOTO)

BRIDGES COVER PHOTO BY BRYAN SCHLOSSER

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ON THE COVER

"There's no age barrier to music."

—June Trueman

SASKATCHEWAN ROUGHRIDER PEP BAND

June Trueman is ready for her 21st Grey Cup



June Trueman is a member of the Riders-Pep band who will be at her 21st Grey Cup in August this year. (PHOTO BY JEFFREY SCOTT/PHOENIX)

By Ashley Martin

KICK-OFF

June Trueman lights up as she recalls that night six years ago in Toronto after the Saskatchewan Roughriders won the Grey Cup.

As the snare drummers cut their instruments loose from the railing where they were taped for support, Trueman, an alto saxophone section leader, and her fellow Rider Pep Band

members regard the crowd with the jaunty tune of the Green and White.

On Roughriders, on Roughriders
Plunge right through that line

March the band on down the field
A march down every road!

When they began their assault out of Rogers Centre, they gathered in following:

They didn't have a parade permit — this was just a "walk," says Trueman, as quoted the word with her hands. The crowd grew as it followed

the band.

"By the time we got to our hotel,

I think we had about 2,000 people following us. That was so fun," says Trueman, who at age 64 is the official member of the pep band.

Along the way they'd walk into a bar, play, play through and walk out again.

At one bar they landed. "You can't play on here," insisted, everyone went outside to hear the pep band. The fact that the CN Tower was lit

up in green stands out most to her memory.

"That same trip — she's not one of her many friends from Grey Cup past — Brett Spivack, a Blue Bombers fan and owner of All Star Tacos in Winnipeg.

The two were walking down the same street and got pulled in by a TV camera, as far as of the length of two basketballs. They shared a kiss and made national news.

Trueman's memories from the

past 20 Grey Cups can fill a book.

Actually, they fill 20 books. Trueman is the unofficial record keeper of the Saskatchewan Roughriders Pep Band, of which she's been a member since its inception in 1959.

Interspersed with photographs depicting scenes, dates, places and people, and articles and photos clipped from the Leader Post, are photographs of band members — extrapolated behind the plastic bags of old fashioned photo albums.

Little did I know ... that that beat-up old saxophone was going to take me to every major city in Canada.

— Zimmerman



The new board terms are the product of Mexican Shale gas players, many of whom believe the same public rule-making

Truman and I are up to the once-war—in temperance her back keeps her from marching with the band on the suds—she can't stand for a while and can play sitting down. Her lungs aren't a problem. She plays in Section 3, every home game, a spitter bottle along for those dreadfully hot games, and bundled up in layers underneath her pep band jacket for the cold ones.

She's one of only two pep band members who have travelled with the team to attend every Grey Cup across the nation. Rhonda Kerr-White is the other. This year is their 21st.

The team has a different Grey Cup experience than most does — or even most volunteers who are required to serve a month of it have.

"It's not like more than 100 hours or grey," says Trudell.

In 2005, when Rogers last hosted Grey Cup, the pop band posted 13 official performances. In 2009 it was 80. Those numbers don't include for-entrepreneurs they play once they get.

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Chicken and Rice Skillet Dinner

Dinner	
Homestyle Southern Chicken	1/2 lb. Medium Bacon
Bacon, cut into 1" strips.	2 lbs
1 lb	1/2 C. Instant Bacon
2 lbs	2 1/2 lbs. Sausage (choose Supreme)
Meat pie Filling	Unsalted Butter or Margarine
Peppermint Iced Tea	2/4 C. Iced Tea

in 12" skillet. Skewer chicken to top and over moderate heat; baste to hot, never and never. Add water to pan, stir in rice. Top with cheese. Cover and cook 4-6 servings.

Chocolate Cake Roll

1/2 G. Salt River	1/21. Golden Pheasant
1/2 G. Vennerstrud	1/21. Soft
Rosen Pheasant	4 Large Eggs.
2 G. Crested	separated
1 G. Sula	1 G. Small, isolated



Review of the 2007-2008 Data on the Health of Canadians: A Summary of the Findings and Key Findings from the Canadian Community Health Survey, 2007-2008, and the Canadian Health Survey, 2007-2008. The report is available online at www.hc-sc.gc.ca/hpb-dgps/ehs/ehs-ehs/ehs-ehs-2007-2008/index_e.html.

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Without them I think (Grey Cup) wouldn't be the same. It's nice when they come from Saskatchewan and do their songs about Winnipeg and about every other team. — Brett Sylvester

"I think it means a lot to the various party rooms and the bars," adds Kerr-White. "I think we see a home part of the Grey Cup festivities wherever we are because we promote the CFL."

"A lot of comments are made on the Thursday night, 'Oh, the pop bands here now Grey Cup can start!' We're both that inspiration over the years."

And Truscott is a big part of that.

"Overall, she's like an ambassador," says Kerr-White. "Everywhere we go ... there's these or four people coming. Who's Jane? Who's Jane? Because they recognize her. She's just a sweetheart."

She's synonymous with the week-end band.

FIRST QUARTER

Jane Loun, born in 1939, put her start playing organ in 1956, and during the mid-1960s down south during high school. That experience ended when the town looking to make some money decided to sell the last necessary instruments, organ and piano.

"Not at that time we had no money. We were dirt poor in Medicine," says Truscott, whose father had a less paying job with the provincial government in Regina.

Likewise, there was no money for piano lessons, which is her only regret about her childhood.

"It was pretty hard times but the kind of grace we were brought up when we did because we appreciate everything a lot more."

When Jane married Clifford Truscott in 1965, they moved to Regina and had three children. A longtime Rider fan, Truscott earned her firstborn after Glenn Bobba, a Roughriders player/coach from 1961-65. Two daughters, Marjorie and Diane, also joined the family.

When Diane joined them just past the Loun home, it was Truscott's introduction to music.

"I missed all the excitement, had going here, there and everywhere. Her salvation was to join the Loun-Adult Band."

SECOND QUARTER

In 1993, director Bob Manning first

had the idea to start a pop band like the ones he'd seen on American Berliner stations. Truscott was all for it.

It started with 27 members and has grown to 275, with members like Darla Gauthier, the youngest at age 31, and Truscott, the oldest.

"There's no age barrier to music." Joining the band meant attending a concert in person for the first time in her life, at age 61, and her first Grey Cup that November in Calgary, a matchup between the Edmonton Eskimos and Winnipeg Blue Bombers.

The Saskatchewan Roughriders Pop Band is a staple for many fans at the CFL's biggest celebration. Because even though they wear green and white, they celebrate the entire league and all players.

This year the band has taken to learning the fight songs of Rider players' alma maters. Weston Dressler, a University of North Dakota and Darla Dumont's University of North Carolina among them. They know the songs of every team in the league, from Rider Lions to the Alouettes' Flight 9. For the timeless Atlantic Breezeons, they've learned Newfoundland Edelweiss is the By.

"With us when we started, if they didn't have a song, we made one up," says Truscott. "Mind you, it wasn't always complimentary."

THIRD QUARTER

For Grey Cup this year, they've got a few new ones to learn — the TSN theme and Paint the World Green among them. Truscott had the sheet music set up in her kitchen as a small stand, across from a rack of green shirts and jackets embroidered with the CFL logo.

She was working on memorizing the songs, though. "This concert at this age isn't all that great," she says, pointing at her head.

Actually her mind is as sharp as ever, but her body may hold her back this year.

"I hope I can manage to get through it," she says, ever laughing. She needs a pal to help her get through the games now that never used to be the case.



June Truscott poses at her home with a certificate by Regina artist Hugo Rydbeck's mother, June, who is

Everywhere we go ... (there's) three or four people coming, 'Where's June? Where's June?' Because they recognize her. She's just a sweetheart — Rhonda Kerr-White

She no longer stands at the front of the band because by the time she gets there, everyone else is ready to play so she takes her spot at the back of the group. If they're going regulars standing so long, she'll take a chair, but it's not her preference.

A past member once told her, "June, even if I have to push you on a wheel-chair you'll still go along with us on the band." But Truscott doesn't want that.

She prefers to sneak away if she needs to sit.

"I don't like the attention down. I don't want to be that sit."

But she gets attention if seated, saying Kerr-White results in 2001 in Vancouver they found Truscott a chair next to an information booth then snucked up to play.

"We come back who's got the possible around? It wasn't the information booth," she says.

Truscott's ever-positive attitude

assumes her a people magnet. She gets a little tired with the fans, too.

Even though a cameraman by local artist Hugh Foy documents her 50th Client Grande, "Everybody knows I'm bald," she takes to saying of the wives, "she says laughing. "But I just have so much hair. I usually lay on the dog sometimes."

"You have a widow for quite a while. And I wouldn't have it any other way when I hear the stories that go around. I have no mate for this way. I don't need any husband in any of the door. Where the hell have you been all this time?"

"She's got so many girlfriends. I'm one of her girlfriends, did she tell you that?" says Sylvester, cracking "I think she called me one of her girlfriends."

In Calgary in 2009, Truscott gave a red-carpet-treatment hello to another friend from one of the kids wearing Boys & Girls from Hamilton.

Continued on Page B



June Truscott at the regular session finale at Mosaic Stadium on Nov. 2, 2013. (PHOTO BY MICHAEL BELL)

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We don't go to Grey Cup to sleep. Mind you when you get back it might take you 10 days to recuperate.

— Truman



The Rough Rider Pep Band's Jackie Duran is one of the band's original members and has been to every Grey Cup with the group since 1963. (PHOENIX PHOTO BY BEN HEAD)

"He's missing his bags with his kit. Forgetting that there's other saxophones, my bags don't have to be heavy. I just stepped forward and I fitted his kit," says Truman. Her answer to the ultimate question? "Here he had some whale shirts with a big whale led on them."

That incident will go down in calling for her. Last year, a Winnipeg paper awarded her compatriote, "You south out for June, she's the 10th Roper" to the results. "I'll never live that down. That's fine."

Of course, Jason forgave her the transgression. He still brings a gift for her each Grey Cup.

"She's just an amazing woman," says Sylvester. "Very nice lady and I don't know how she does at buy but she still gets around."

When she returned in 1989 from her 20 year job as a member of the Santa Barbara Wind Ensemble, Truman had more time on her hands.

Avoid from hand (she's also a member of the Prairie Winds Concert Band), she plays cribbage, enjoys the days at Casino Rama and volunteers with her many bands.

She's an acid volunteer, working hitches to fundraise for the Bethany Loops and CNIB. She's a big seller of the Rider Pep Band's Grey Cup pool tickets — it's not cheap to seed 40 some people to Grey Cup every year, the band's budget is around \$60,000.

She also sponsors set-up-eye days for the Loops. At \$5,000 apiece, she's upped seven or so for its use of her for various charities.

Her work with the Loops earned her a trophy this year for Loops of the Year.

Travelling is another great love. She's been to far-flung places like Australia, New Zealand, Egypt, Belgium, Scotland and Italy in Rome, she found a Rider after passing to the famous Chapel.

She's never done it leaving the birds in the Amazon rainforest at the Pantanal and a trip she recommends to anyone.

"It's so educational to travel," says Truman.

She loves road trips, too, to visit Dr. Joe, who lives in Ohio. She's been west to 2001, driving her new Camry right off the lot.

"It takes me four days to get there

But I love to drive."

Those trips revolve on her travel basic list: 1st, A Rhine River Cruise and the German Christmas light tour. She's not sure she'll ever experience the latter, though — it's during Grey Cup.

I don't think I'm ever going to get there or else I'm going to be too old and forgetful or ever think of going again. But that's still on the bucket list. Who knows, though?"

FOURTH QUARTER

Truman is a collector. She's got oral displays full of glass and has now been to many of the countries whose stamps she collected over the years. It's a little weird for her, growing up in Manitoba, she's never got anywhere.

"We didn't even have a car. We maybe got to the lake on the back of a truck. It had 10 cents to carry in to camp for fish feed."

"I guess that's where I got my love for travelling."

Buying a second-hand saxophone from her daughter's friend in 1970 can't detract from her travel ins.

"Little did I know — that that beat up old saxophone was going to take me to every major city in Canada."

After separating from her husband Truman bought a house in 1974 for \$22,000. She purchased it just west of the colour complements the Riders State painter on the front window.

As she's physically slowing down with age, people have suggested she move into a condo. She dismisses the idea.

"One you are old when I have to memorize the music at home, start playing the saxophone at nightfall? I don't think so."

But she knows her life will change eventually. She can't afford anymore, nor housework takes twice as long.

"I'm getting the creaking, that's my problem," says Truman. "The day I have to give up my band, the day I think my life is over."

But they want her. She'll be honored forever.

"She's there to sit there and do it any more," says Steve White. "Pep band wouldn't be the same without her."

"If you asked anybody who is the standout, they would be tempted to say they're going to say June," says Truman. "June@junepepper.com"

FASHION

What do you plan to wear during the Grey Cup Festival?
Send a photo to QC@leaderpost.com

CFL FAN FASHION

Jason Bond: Gold is the colour for this Bomber fan

By Ashley Martin

When Winnipeg Blue Bombers fan Jason Bond attended his second Labour Day Classic in 2005, he decided to don a tour package bag.

He was unimpressed by their effort, especially when compared to the canary chenille tent he witnessed in Eden Nation. It got him thinking about his own cosy costume idea, inspired by his walk to work.

When Bond moved to Whitemouth from Portage la Prairie in 2003, he got a job near the Manitoba legislature, a painted building on top of which stands a golden statue of a lion. After experiencing a few Labour Day Classics in Portage, he thought, "What would be the perfect costume?" said Bond.

He became the Golden Boy for the first time in 2007 and enjoyed the chaotic, sporadic response. But this year Bond decided to fully embrace the costume. He attended each home game this season — as well as the Labour Day Classic in Regina — painted gold.

The costume has evolved since the first time. Bond has recently mastered the intricacies of applying body paint, and the props have improved with time.

As he attends his first ever Grey Cup this weekend, Bond won't look exactly like this. Saskatchewan weather in November is not known to be kind after all, and venturing outside would be an invitation for frostbite. But in addition to his golden painter coat (or jorts — all the standard winter gear, too) and a Bomber jersey, he has a trademark golden face, ear and wheat sheaf so there'll be little confusion.

Bond prefers the extreme cold to the alternative, anyway. Hot, weather games are the worst, because he's the Golden Boy — and it's not just about his comfort level.

When he wants, the palegiant turns that most despised of colours for a Bomber fan dress.

"There's so much because I don't like to look green. I'll always look frosty and naked inside the green cup for me," said Bond. "When I start sweating," said Bond, "that's the enemy of the Golden Boy."

You'll likely catch Bond in all his golden glory in some point during the festival. And if you recognize him, let him know. His face is part of the gift, so it's being protected.



PHOTOS BY ALEX DOLYNUK

SPACES

Spaces celebrates beauty both indoors and out. If you have a living space we should highlight, email bridges@thestarphoenix.com

SASKATCHEWAN'S BEST SPACES

Garage is a game-day party room

By Ashley Martin

WHO? Don Beck and his wife, Dianne.

WHAT/WHERE? The backyard garage of their southeast Regina home.

WHEN? The couple has been together for 23 years and moved into this house 21 years ago. They converted the garage five years ago and have since expanded twice and isolated the space.

WHY? As former Saskatchewan Roughriders season ticket holders, they used to go to a lot of the games. But when they were in the stadium, they'd get too hot with friends to watch at home. People gravitating to their garage to smoke eventually led to the party space.

"Our garage was never used for much but storage," says Dianne. Since their basement was never sports-themed with Riders and Canadiens memorabilia, they just moved the Riders' stuff outside.

"It's a collector of sorts," says Dianne with a laugh.

"I want to make 25 years," Don replies. "Pitless Taylor just rolled over in his grave."

Since selecting their garage, Don has continued to collect things. "He just went crazy the last four years buying pictures, jerseys and helmets," says Dianne.

The space is a collection of their lifelong Rider fandom.

"I've been a Rider fan since I was 10 years old. I know nothing different," says Don. "I'd sit right in front of the TV, they don't have a choice."

HOW? Today with two TVs and wall-to-wall-to-ceiling Riders memorabilia, "Clubhouse 23" is a Rider fan's dream.

The items range from quirky (bottles, beads and mugs) to vintage (achieved photos and a 1974 water bottle); to personalized (a signed Kenny Euston jersey and dozens of player photos); to unique. An autographed Plaza of Honor helmet with a watermelon slice painted on it. Don's favorite, while a street artist painted two-dimensional helmets in Quon's.

The infamous No. 34, Don's favorite player of all time, is ubiquitous in this place. "You'll notice there's more George Reed than anything else in here," he says.

Even some furnishings are related to football. The two-tier-wise couches came from the University of Regina's Roxy's eateryhouse, and some snazzy chairs are courtesy of the Queen and White Laundry. The fridges display signatures of visitors from across the continent. Famous guests have included Dan O'Toole and Jay DeMerit, formerly of TSN.

For all its walls, the garage receives some kinesthesia. The bistro counter shelves and cupboard house Don's tools.

In the summertime, the space expands outdoors. Actually, it does so in winter as well with a Rider-themed firepit right to keep the screens warm.

Through Don and Dianne's plan on checking out the Grey Cup Festival, they've had the best game they'll be right here.

"It's more than just a place to watch. We built a lot of good memories," says Dianne. "We have a lot of good times here."



NEXT WEEK: How do you make sure you're not spoiling your child? Email bridges@thestarphoenix.com

PARENT TO PARENT

Each week Bridges gathers advice, in connection with SaskatoonMoms.com, to share with other parents. This week we asked:

Did you (or will you) put your child in sports?

"The older boys were involved in soccer, basketball and hockey. The older two have expressed an interest, but younger ones will try to keep her away from trouble. The little ones here take swimming lessons. We recently acquired a hot tub and we've had the girls teach it is comfortable in the water. If and when they express an interest in a sport, I will definitely look into it." — Carla Gartman

"Probably. I don't remember energy releases. I am trying to put them in something. I'm not sure yet. They are all quite active." — Melissa Mikula

"My oldest daughter is in gymnastics and dances along in a few weeks. My youngest is 18 months. For sports in our area, I think it's great for them to be involved in sports to be good for them." — Shirley Reiter

"I want to but I don't agree with taking away the running, skating thing." — Katelynn Sherwood

"My children are very involved in sports. My son is an avid soccer player in the summer and hockey in the winter. My daughter is 12 and is very involved in dance as well as badminton and cross country and volleyball. I think having children involved in sports is good for them." — Crystal Antonsen

"My boys asked to play T-Ball when they were four. They played that past spring and will do so again in May. They absolutely love it! I think involvement in sports is important for children to learn values, taking the importance of team work, character building, and competition." — Michele Gredtke

"I would like my child to do extracurricular activities. I am thinking of karate to put her into something more than just sports. I can get good skills for cheerleading, as well as keep her active." — Irene Fedyk



"Physical activity is important for children, so just as we did with them in sports, both of our kids played soccer at five to six years old, then field hockey from about Grade 6 through that year university. Our son also played lacrosse, usually a week from Grade 11 through Grade 12. Today they both remain active, young adults, pursuing a variety of sports." — Andy S.

"Not much and we'll continue to put our other children in what they are old enough. Sports teach kids so many good things. For teamwork, teamwork, winning, losing, learning and exercise. At a point that our children have to take direction from someone else, I think sports teach confidence and build self esteem. We have tried out a few different sports and found what not only suits our kids but what they also enjoy." — Alysa Corcoran

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CITY FACES

GREY CUP FESTIVAL VOLUNTEERS

Pettigrew's team is 3,000 strong

By Ashley Martin

Before Dave Pettigrew moved to Regina from Saskatoon in 1988 for a job at IBM, he'd only ever visited his new city to attend Saskatchewan Roughriders games.

He recalls a playoff game in 1988 the year before he finished his mechanical engineering studies at the University of Saskatchewan.

It was the first playoff game the team had had in years, and Pettigrew and his friend, "brain surfer" Bill, "The brain didn't have too well either. But it was a big deal to come down to that game."

"Now in general I think my momma and the thoughts of 'Regina Funday' are the absolute passion that the fans have," said Pettigrew, the chairman of the 30th Grey Cup Festival Committee. "We have a Funday fan as long as I can remember."

A high school student of Saskatoon's Alton Brownian Collegiate, he attended his first Funday game. It was senior boy's road trip to Taylor Field with friends to sit in the "seaweed section," he recalls.

At the last Grey Cup, Pettigrew had moved to Regina, he sat in the temporary stands surrounded by ice for comfort to everyone around him for lack of space in the north end nose seats.

In 2009, after the team brought home the prize, he and wife Joann gathered their three children — Scott (now 16), Connor (15) and Kaitlyn (12) — out of the party. The family brent the ride alone with hundreds of other fans, and there, in the lower hammer, the trophy was on display at the Legislature. The moment was captured in one of the family's most treasured photos.

That year when Pettigrew attended the game with his wife, he'd be a little worse for wear.

For two years, he has put in hundreds of hours in his volunteer role helping organize the Grey Cup party. It's all led up to this week.

"I use that sleep will be at a lot of practice," said Pettigrew, who



Dave Pettigrew, chair of the Grey Cup festival committee, and his 3,000 volunteers are in the Grey Cup Festival tent. (Renee Prokop/The StarPhoenix)

will have committee meetings first thing every morning and events to attend throughout the day and night.

But I'll probably be worn beyond that by the time I get to Grey Cup."

Pettigrew's day job is as president and CEO of Alberta Western Lazarus, so he's used to leading large groups of people — though not quite so large as this weekend's group: 3,000 strong.

As a local volunteer, Pettigrew has been involved in junior achievement. He chaired the United Way campaign in 2001, spent six years on the board of the MacKenzie Art Gallery and spent three years on the Sask Sport board of directors. He was vice-chair during the World Junior Hockey Championship, co-hosted by Regina and Saskatoon in 2006.

His wife says "I'm somebody who has trouble saying no ultimately, but I think we all need to and I do it really



Joann and Dave Pettigrew and their children (left to right) Regan, Connor and Kaitlyn (not in photo) from the Legislature Grey Cup tent on November 20, 2013.

(PHOTO COURTESY OF DAVE PETTIGREW)

too hard so much on the basis of an unnecessary folks that give of their time," said Pettigrew. "I do it because I think we all need to and I do it really

enthusiastically."

For Celebration on Rider Nation, the 30th incarnation of the Grey Cup festival in Regina, volunteers are working in lots of different areas — organizing downtown events, safety and security, hospitality and pageantry, CFL and formal events, and much more. About 300 volunteers spent months on committees prior to the festival, and an executive committee of 30 people, including Pettigrew and chair Mark Shiford, are responsible to plan.

Regina is a different kind of festival than the past two Grey Cups in Vancouver and Toronto, which were largely staffed by professional event planners with few local volunteers.

Saskatchewan, that's where we roll here. We're a very volunteer culture," said Pettigrew. "We're just blessed with that culture. Whether it's curling or hockey or any kind of sport, culture, community event

— people show up. They give directly of themselves."

Because the staff and volunteers are so staffed, Pettigrew didn't feel much pressure leading up to this week — except to ensure that the party is a celebration of the teams not just the team.

Well known Rider Nation is a pretty decent. When Pettigrew was in Vancouver in 2008 to watch the Riders defeat the Winnipeg Blue Bombers, he estimates the ratio of green to blue was 10 to 1 in the streets.

"Ultimately I have the goal that 90 to 95 per cent of the fans here for the Grey Cup Festival will be Rider fans," said Pettigrew. "We want it to be a CFL celebration. It's a huge celebration, so even if the majority of the folks are wearing green, we want them to go and celebrate with the Blue Bombers and with the Toronto Argonauts and Edmonton Eskimos and B.C. Lions."

IN THE CITY

NOVEMBER 17, 2013 - 6:03 P.M.

Celebration time



Sask on Tap patrons Sean Richard, Nicole Gervais and Guy Penn celebrate the Saskatchewan Roughriders' 28-17 win against the Calgary Stampeders Sunday, which sent the team to the Grey Cup in Regina. (PHOTO BY MELISSA LUCAS)

YOUR FAVOURITE PLACE

Bridges wants to hear about your favourite place in Saskatoon! Email bridges@thestarphoenix.com

MY FAVOURITE PLACE

Rider cheerleader enjoys football from the bleachers

By Angelina Irinici

This is Lyndsey Wintersgill's fourth season as a Saskatoon Huskies football cheerleader. Her position is called a third-down spot, she's responsible for helping lift the flyers into the air, throwing and catching them. The team's training regime is intense — practices are a couple times a week, plus weekends. Since athletes from both Regina and Saskatoon are on the team there are lots of travel in mind. That's why Lyndsey loves going to Griffith Stadium or Potash Corp Park during her down time. It's a treat for her to relax and watch football while socializing with her friends because that's always been performance-boosting. *Never passes.*

Q: Why is Griffith Stadium your favourite place to spend time in Saskatoon?

A: In the summer and fall, it's one of the only places in Saskatoon that you can really watch football. I always see friends and people I know here so that's always exciting. And it's nice to be able to sit and watch football and not be a part of the whole experience all the time.

Q: How often do you go to watch games?

A: I try to make it to every home game. I've even travelled to the BC game games because there's a lot of history with some of the Regina Rams cheerleaders and current cheerleaders and Saskatoons (Riders) members, so it's kind of a fan in

Q: Did you always like football or was it something that came along with being a cheerleader?

A: As long as I can remember I liked football and sports. I remember it's elementary school playing football until it got banned (thought I was a bit of a tomboy before).

Q: What's it like to be a CFL cheerleader?

A: It's a lot of fun. It's a very good experience that not a lot of people can say they did in their lifetimes. So I thought I'd do it while I can.

Lyndsey Wintersgill watches the Riders game from the Griffith Stadium or Potash Corp Park. Her favorite place to watch football in Saskatoon. Photos by Holli Mirell/Postmedia

training. Our team trains, goes or takes a break after working leading up to the season. Then we do Wednesday night in December as our team meets half way — members from both cities. Our practices can go from three hours to six hours, so it's a lot of work. We're lifting people and throwing people in the air, so you want to train as much as you can. Our CrossFit training — most of us are still doing it now as we started back in April. We do a lot of weight

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Q: What's your favorite memory of games at Griffith?

A: Games in one of the very last games of the season and it was super, super cold. Me and my friend trudged at out and said, "Let's go!" We went to every single game as we thought. "May as well." We looked like the Michelin Man and had sweat all over us. We had snow pants and everything on. We could hardly see but we stuck it out to the very end. It was fun!

CITY NEWS

GREY CUP ART PROJECTS

Artists get sporty for Grey Cup



TICKLED: A FootballPlay! cast (front row) Gina and Heather, Brenda (Miligan-Davis), Geoff Hughes (back row) Tiffany McCrae, Dan Monk and Diane (Alice) Zschocheler. (PHOTO BY KIRBY HUNTER)

By Ashley Martin

Sports and the stage largely exist in separate realms. Sports are played on a field or in an arena, enjoyed by people who like to cheer. Theatre is not a stage or enjoyed by people who like to intellectualize their experiences.

These stereotypes are ones Colleen Sutton is trying to break.

The former Saskatchewananian will be performing her one-woman show, *Ridin' on Reggae*, during Grey Dog Day first show is tonight.

She recognizes sports and arts do not usually go hand in hand. Until she saw this show, Sutton had never seen a sports-themed play before, but it was an easy connection for her to make.

The 2009 Grey Cup game bridged the two arenas for the real Rider fan.

"By being at the game I recognized why we're all there. Why we're all there is to be taken somewhere, emotionally. Well, that's why we go to the theatre," said Sutton, who spent her pith with the Canadian Press to perform acting.

REGINA THEATRE

Twisted
Nov. 29, 30 and 23, 7 p.m.
Nov. 30 and 33 at 2 p.m.
The Artsplex, 2027 12th Ave.

Franked: A Football Play
Nov. 21-23 Appalooza (former Theatre at the Artsplex, 1015 Broad St).

That game also prompted her need to write about being a Rider fan. Rider Nation has helped her through hard times and some nice

times. It's given her a lift when she's been down. Through *Twisted*, she wants to bring that up to a different level.

"Every time I looked at those stands, I just felt like I was home," Sutton, who lives in Ottawa and is attending her 10th Grey Cup this weekend.

Rivalee Miligan-Davis' process was a little different in writing her script.

"I wanted to celebrate Grey Cup," Miligan-Davis said. "I wanted to make it a fun, fun, fun show." She also wanted to make sure the play was a

who also directs and acts in the play. "I wanted to make sports and the arts on a different level. The band coach of the Saskatchewan Roughriders instead played a play in order to see what an interaction from his friends would be."

The story reflects Higgins and Rider history. The newspaper critic is named Murray Vancouver (longtime Leader Post sports writer), the mid-instrument is Ron Reed and the band coach is Eagle Rastta.

Continued on Page 17

CITY NEWS



Heather Cline poses next to some of her finished landscape paintings part of the exhibit Inside/Outside Art.

Heather Cline's sport art idea was also inspired with the advent of the Blue Jays.

She usually paints scenes in oil

various for her collections, but she thought of Inside/Outside Art on a

longtime football fan — she grew up in a Sudbuk household where the Roughriders were relegated to Regina's team, not Saskatchewan's, when they were living

Cline had been thinking about Grey Cup coming up, and blossomed

Stadium coming down. The idea blossomed into a series of paintings looking at Taylor Field from all angles.

Artists often use odd angles to make the acrylic images of the stadium, exploring front, side and

opinions about the Riders and the sport.

It kind of covers all the aspects of being a fan. You've got passion, you've got heart, you're serious but also you can be completely goofy.

Cline for whom art and sports

REGINA ART

Inside/Outside Art

Nov. 20-23

The Artisan, 2627 13th Ave., Myconi's Gallery, 2705 13th Ave., Openings Reception at the Artisan, Nov. 20, 6-8 p.m.

Beaverline

Paint art by Bevinda Kneek, Until Dec. 1 Mackenzie Art Gallery, 303 Albert St.

Audrey Reeves: Varsity Skating
Nov. 30-Dec. 1, Danlop Art Gallery, RPL Central Branch — 3810 12th Ave.



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ON THE SCENE

CFL FAN PHOTOS



This week, instead of our regular On the Scene feature, we invited readers to submit their best CFL fan photos in honor of the Grey Cup in Regina. Surprise, surprise: we received a lot of green. Thanks for sharing!

1. Residents and staff at Regina's Catholic Park Retirement Residence show their Rider pride.

2. Nathan Tean

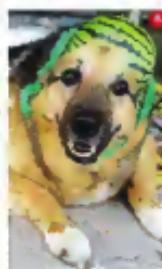
3. Mme. Monique, Bourque poses in South Africa's Shangani Zulu village, with her guide (right) and the village chief (left).

4. (From left) Wally Philip and Theodore Houpt.

5. Johanna and Hudson Richards

6. The Thoma family
7. Zach Colby and son Beau Colby

8. Andria Pyle and her son Maxx Harsberg
9. Hannah Biggs
10. Ashley Morris' dog, Muffy, a rednecker



CROSSWORD

NEW YORK TIMES Edited by Will Shortz

ACROSS

- 1 Crosses of Freshman
- 2 "This is best!"
- 3 Word part: *Role*
- 4 If not of particular to others
- 5 What is to eat
- 6 Cedar traps, colloq.
- 17 Blow my trumpet, Jeffrey?
- 19 National Dog Day this
- 20 Novelized
- 21 He's on some place
- 22 Missouri's poet's perch
- 23 Power?
- 27 "It's the old *time* dressin' *time*!"
- 38 Buffer's words
- 39 What may precede one
- 42 "You're
- 43 Sounds of relief
- 45 Call it costs... not a loss to us
- 46 250
- 47 *Admirably* and
- 48 First Clinton's day
- 49 Inspiration for a "Jackson" start
- 50 "You're *engaged*?"
- 51 Told off
- 52 Safa?
- 53 Salt Lake City athletes
- 54 Owns
- 55 Bob
- 56 *Just Louie!*
- 57 *Teenager* who
- 58 *Teenager* who
- 59 50 or... *dear me*!
- 60 If removal forces him to stay
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EVENTS

MUSIC

Wednesday, Nov. 20

Touch
Buds on Broadway,
117 Broadway Ave

Thursday, Nov. 21

Yelpur Hill
Chicken Restaurant and
Lounges,
41-221 Prairiefire Dr.

Touch
Buds on Broadway,
117 Broadway Ave

Avangas 25th Anniversary
Weekend That Party w/ The

Treasurers
Avangas Cantina,
632 10th St. E.

PartyCat w/ Thread, Dusty
Tudor, and The Use
and the Use
Rock Doctor &
1820 Broadway Ave.

Friday, Nov. 22

Scoreboard
Buds on Broadway,
117 Broadway Ave

Plane Friday w/ Sheldon
Corbett
The Student,
203 Fourth Ave. N.

Metrons
Army & Navy Veterans Club
359 First Ave. N.

The Standard's Trix
Mandy Schimmele,
3730 Eighth St. E.

Lemon Drift
Fairfield Senior Citizens'

Karen Images
Teen Town Tavern,
3330 Franklin Dr.

Avangas Official 25th
Anniversary Party
Defining Service, Maybe

Smith, Golden Smoke, Juniper

Penthouse and The Ponds
Antico Cantina,
632 10th St. E.

Evi Ebenseer w/ Factor, Key
The Aquarian, Peoria City,
Copernicus and Stone Cold

Rebel Rockers
various locations,
182 Broadway Ave

Mr. Stone-Style House Party
w/ Ray Michaels
Pazzo Irish Pub,
3428 Spadina Ave. E.

Seven Street
Piggy's Bar & Grill,
1423A Hwy169 Dr. M.

Red Blue
Steer's Place,
104-106 10th St. E.

Saturday, Nov. 23

Scoreboard
Buds on Broadway,
117 Broadway Ave.

Statoan
Army & Navy Veterans Club,
359 First Ave. N.

DeeP Pear
Downtown Legion,
602 Spadina Ave. W.

Ivan Schenckens Doo
Munich's robinson,
3330 Eighth St. E.

Avangas 25th Anniversary
Weekend That Party w/ We Are

the City
Avangas Cantina,
632 10th St. E.

Timex Pendle
Saucy's Bar & Grill,
134 Princess St.

Seven Street
Piggy's Bar & Grill,
1423A Hwy169 Dr. N.

Red Blue
Steer's Place,

106-110 Ruth St. E.
Sunday, Nov. 24

Les Bawington
Penthus Legion,
3031 Louise St.

Monday, Nov. 25

Avangas 25th Anniversary
Weekend That Party w/ Dinausor Bones
Avangas Cantina,
632 10th St. E.

Tuesday, Nov. 26

Apollo Club
Buds on Broadway,
117 Broadway Ave.

Wednesday,

ART

Mendel Art Gallery

Nov. 2-3, 9-10, 16-17, 23-24, 30-31 & 4-5 p.m.,
at 1020 Spadina Ave. E.
Free tree-walks, art and
children's-making workshop
led by Poet Taylor Lushai.
The regular call 306-677-5714.

Fall presentation series,
sponsored by Horner Ltd.,
include *Revisiting Modernity*,
an exploration of modern
and contemporary art from
1910 to the present, and
They Made a Day be a
Day Here, a survey of art
production by 12 young
female artists across the

Prairies. The *RCB Artists*
by Artists' Mentoring
exhibition, Galicia, features
an interactive installation
representing a wheat
field by Cory Siegrist,
and his mentor, Bruce
Montgomery.

SEXPOL Gallery

Until Nov. 24 at 203 10th Ave.
Five firsts: A collaborative
show by the U of S printmaking
class, displaying different
textile techniques and types of
printmaking; *Antidotes* by
FK Artworks Nov. 25 until Dec.
20. This collection strives as a
bridge in the attempt to iden-
tify and engage sleep-deprived,
dark and/or pressed emotions

through examining them in
the creation of no objective
work; a reception will be held
Nov. 22 from 6 p.m. to 9 p.m.

Artists Craft Market

Nov. 22, 23, 9 a.m. to 6 p.m.,
Nov. 23, 10 a.m. to 6 p.m.,
and Nov. 24, 9 a.m. to 5 p.m.,
at 1010 10th Ave. The craft
arts fair premise is to sell
art from 40 local artists
and 400 items of art.

Le Relais

Until Dec. 6 at 1013-308 Fourth
Ave. In Colour (Rhapsody),
paintings by Jeanne de
Maspero. Acceptation will be
held Nov. 32 from 5 p.m. to 7
p.m. The artist will be in attendance.
Nov. 23 from 10 a.m. to
3 p.m. and Nov. 24 from noon
to 5 p.m.

Darrel the Ball

Until Nov. 23 at 403-10-2111
St. E. Olsen Archive paintings,
drawings, sculptures, photo-
graphs and etchings by Julian
Atkinson. This exhibition
is a tribute to Olsen's
historical and contemporary
contribution to the town.

The Mikail Art Collective

Nov. 23, 1 p.m. to 5 p.m. and
Nov. 24, 12 p.m. to 5 p.m.,
Sat. and Sun. St. E. The second
annual *Craig Artists' sheep*
and sale - Off the Wall Art.

Show and Sale, Nov. 29, 7 p.m.
to 10 p.m., Nov. 30, 10 a.m. to
5 p.m. and Dec. 1, 12 p.m. to 4
p.m. Works by Valerie Borek,
Karen Maguire, Gal Pritchard
and Sylvia Thivierge.

Centre East Galleries

Until Nov. 24 at The Centre, A
display by students of Maud
D'Amato, a display by the Royal
Canadian Legion, and many
other displays by the students
of the Sasquatch Cancer
Care Club, and the 2013-14
Eco-Scholarship winners and
display from the Saskatoon
Public School board.

Gallery on Third, Wetresa

Until Nov. 23 at 102 Third Ave.
Wetressa (Hockey) paintings
by Cliff Eader of Strasbourg.

Handmade House Showcases
Until Nov. 23 at 710 Broadway
Ave. Prints Impressions,
original watercolor paintings
by Jerry Lindsay.

Watrous Library

Through November in
Watrous. Recent paintings
and prints by Roger artist
Charlotte Haak. Call 326-566-
2344.

Saskatoon City Hospital

Gallery on the Bridges
Through November on the
third, fourth, fifth and seventh
floors of the atrium at
Saskatoon City Hospital work
by three Saskatoon artists
through November. Work by
Ani Rutherford on the third
floor of the atrium, abstract
acrylics and watercolours in
Fenal and Iridescence themes
by Norma Remai on the
fourth floor, and a variety of
watercolor images by Laurel
Suzuki-Strachan on the
seventh floor.

Perkins Centre

Through November at 110
Griener Cres. Perkins will be
Smyrna Collingright.

The GalleryArt Placement

Until Dec. 5 at 201 10-2111
St. E. On the Surface, paintings
by Kelly Gairnor. Works range
from 10x10x10cm. Elated
through the glass of high-
rise windows to clouds reflected
on rippling water.

Paul's Arts

Nov. 26 and Nov. 27, 7:30 p.m.,
at 424-20th St. W. **COFFEE**
- Peacock's Tail. A presentation
between RWDW Arts and the Sasquatch
Symphony on Oct. 26. The
Eco-Scholarship winners and
display from the Saskatoon
Public School board.

Keep Kinneldey Seafarers
4, 111 Neil, Gerald Seal, Coffe

Biedrichs, Reilly Forbes and
Devin McAdam. *Dead Air* by
Steve Bates, until Dec. 3.
An audio/visual installation
consisting of four works that
include sound, projection
and video. *Over Our Heads* by
Jean-Michel Basquiat. A
fifteen commission by
INARTS Arts, that incorporates
stairways (commonly
known as *Magritte's Stairs*)
which are best seen from their
balcony.

Hand Wave gallery

Until Dec. 30 at 409 10th
Ave. in Melville. A 3D
mixed media gallery
and exhibition. An opening
reception will be held Dec. 1, 2
p.m. to 5 p.m.

Steheler-Greene Centre

Through December at 101
Balfour Dr. **Touch the Sky**
The Story of Avia Canada.
This in-house produced
exhibit encourages visitors to
feel beyond the contours
surrounding the Avia Arrow,
and focuses on the history
and accomplishments of Avia
Canada.

Affinity Gallery

Until Dec. 10 at 101 Broadway
Ave. 30th anniversary, joined
by award winning artists,
Michael Heisak and Bruce
Raskin. **The Legend of the Red**
Thread is a book that visually
represents the legend of the
red thread it is a collaborative
piece by Michael Heisak
and Cynthia Miller. A closing
reception will be held Jan. 3, 7
p.m. to 9 p.m.

Galerie d'art

Jan. 11-Jan. 8 at 122 Broadway
Ave. **Rankin Kinneldey** new
oil and encaustic landscapes
works by Kathy Kinneldey. **Inspired**
by Embrace a annual
exhibition to the Kinneldey Ice
Rink. The exhibition is an
attempt to bring further awareness
to the recent closing of the
rink. A portion of sales will go
toward the Keep Kinneldey
organization.

What you need to know to plan your week.

Send events to bridges@thestarphoenix.com

Ukrainian Museum of Canada

Until Dec. 31 at 550 Spadina Cres., E-Metro, Government & Power, The Paper Currency of Revolutionary Ukraine 1913-1920

Black Spruce Gallery

Open through the winter at Northside Antiques on Highway 2. After above, a group show featuring fall images and colours of the boreal Lakehead region.

SPECIAL EVENTS

Literature Matters

Nov. 20, 7:30 p.m., in Seidel Hall at Geece-Wesminster United Church, 5020 10th St. E. Talk by members of the Department of English, University of Saskatchewan. The topic is "Planned Exorcise: The Literary Cold War and McCarthyism in the James Bond Novels" by Dr. John Aikhenvald, PhD candidate, department of English.

SVO Concerto Competition
Nov. 21, 7 p.m., at Queen's Theatre in the U of S education buildings. The Saskatoon Youth Orchestra performs.

My Hometown Film Year

Nov. 21, 7 p.m., at the German Cultural Centre, 160 Corsette St. A film festival hosted by the Kilpatrick Filmhangers. An evening of short films showcasing the spirit of My Hometown in various locations around the world. With a silent auction and door prizes.

The 2013 Jazz-India Showcase

Nov. 21-23, 8 p.m., at The Esplanade. An educational workshop and performance opportunity with daytime education sessions and evening performances, featuring teachers, trombonist Brian Gordoni and bassist Rodney Whistler. Open to student and community jazz ensembles.



The 2013 JAZZ-INDIA EXCHANGE EVENT: An annual drive-through Christmas display starts Nov. 3 and runs until Nov. 17 at the Forsyth Farm Park and Zoo, 1111 19th St.

of all ages and ability levels.
For information email: dean.morrell@usask.ca or raflam@usask.ca.

Beau's Winter Off and Winter 101 Mix

Nov. 22, 6 p.m., at Prairieland Park Auditorium and eco-journalist Alanna Mitchell will talk about her latest book, *With Purpose: Musical entertainment and a silent auction*. Missing funds for Calling Lakes Centre, an

Education-Vertext Centre of The United Church of Canada. Visit www.kimmoell.com. For tickets call 306-373-6365 or 306-344-6321.

SHD 2013 Exchange Off-Peak Holiday Light Year

Nov. 23 to Jan. 11, 5:30 p.m. to 11 p.m., at The Saskatoon Remedy Farm Park & Zoo. The drive-through Christmas display celebrates its 15th anniversary. Opens with a light walk for pedestrians

Nov. 23, 5:30 p.m. to 9 p.m. Parish reveal support of the Saskatoon Zoo Foundation and the Saskatoon City Hospital Foundation.

Use the Candlesticks, We're Liberated

Nov. 23, 7:30 p.m., at First United Church. The Saskatoon Symphony Orchestra increases Liberman's sparkling style. With guest conductor and pianist Brian Jackson.

Featuring the works of Gershwin, Chapin, Beethoven, Jascha, Zusneill, Suppe, Flora and Lloyd Webber.

Louise Anderson
Nov. 23, 8 p.m., at Dakota Dunes Casino. The versatile comedian performs.

Big Shiny Xmas 4: A Benefit

For The Blackhawk Theatre Nov. 23, 8 p.m., at Blackhawk Remedy Farm Park by Heather Morrison (Instrumental). From the album by The Blackhawk Jungs, "The Karaoke Brothers." ET for short, check the 50s, Brody Fahr and Dennis Wall. With spoken word poet, Brendan Hartney. Kickoff off the annual One Week For The Broadway-fundraising campaign.

Festival of Trees

Nov. 24-30, 9 a.m. to 9 p.m., at the Western Development Museum. The Colours of Christmas. Decorated trees, wreaths and displays, photo booth displays, live entertainment, cheer upon a storytime for children, refreshments and more. Visit: www.festival-of-trees.com. Proceeds raised support the Saskatchewan MS Clinical Research Chair Committee through Saskatoon City Hospital Foundation.

Speechreading and Information for the Hard of Hearing

Nov. 23, 1:30 p.m. to 2:30 p.m., at Saskia Between Deaf and Hard of Hearing Services, 3-51 First Ave. N. Hosted by the Head of Hearing Association. For information call 306-249-3387.

THEATRE

Better Living
Perform Nov. 20 and runs Nov. 21-30, 8 p.m., at Grosvenor Theatre in the U of S John Miza Hall building. Written by Canadian playwright George

F. Walker. A dark comedy that takes audiences into the lives of a dysfunctional Toronto east-side working-class family. This domestic comedy, with a dark twist, unmasks through the trials and tribulations of a warped and outrevered family who mirror the complexities of modern society.

Worriers

Nov. 21-24, 8 p.m., at The Refinery, 609 DuFort Ave. Presented by Live Five. A play about the trial of the century. Purple, with their intellectual, emotional and physical barricades, two odd men sit down to patch the perfect life for the biggest money-makers in history: the amazeballs and just-plain-mass men just their careers in this sitting shtetl about the business of war.

Saskatunes: Songs

Nov. 22, 5:30 p.m., at Broadway Theatre. The Saskatoon Soaps Improv comedy troupe brings laughter to the stage.

Millie Inc. The Gift

Nov. 24 to Dec. 6, 8 p.m. at 8 p.m. and Sundays at 2 p.m., at Studio 910, 114 20th St. W. The world premiere of a new chapter in the Per Christmas story series. Dr. Menehenn is expecting company this Christmas. Her youngest grandchild, knowing her affinity for surprises, sets the scene to bring her the best Christmas gift ever. Meanwhile, titles in the Headset, having been accidentally struck by a snow blower.

American Life
Nov. 25, 7:30 p.m., at TOU Place. A musical based on Green Day's album of the same name. Green Day's long-friends are forced to choose between their dreams and the safety of salaried jobs, measuring the music and lyrics of Green Day.

GARDENING

HORTICULTURE IN RIDER NATION

Growing your own melonhead

By Jackie Bantle

Every year in Saskatchewan there is a strange phenomenon that occurs throughout the growing season. On hot summer days families shopping at the local grocery store for a plump, refreshing watermelon (Citrullus lanatus), find the has capsy.

Meanwhile, in an urban centre known for its 'golf of bones' 30,000 plus humans gather to worship green skinned men running around a grassy field, shouting a known, pony-earphoned object.

Most of these people are also dressed in green polyester clothes including green head scarves. Also! The mystery of the maniacal noise (Latin for 'to vomit') of the iteration is unknown. The Citrullus lanatus are sitting on the heads of boughheads first.

So instead of contributing to a province-wide watermelon shortage (or conversely to ensure your self of a supply), why not grow your own watermelon, and contribute! First, start with a cultivar that will mature during one growing season. Watermelon loves hot temperatures and sun. When searching for seeds look for cultivars that will mature in at least 70 to 80 days.

Watermelons must be started indoors as transplants. Vine crops usually do not like to have their roots disturbed and watermelon is no exception to the rule. Start seedlings indoors approximately four to three weeks before transplanting out into the field.

Cover the seed pots with a clear plastic sheet until the seeds have germinated, overly wet peat pots will cause watermelons to rot. Once seedlings have emerged, remove the peat pellets and grow in a sunny, warm location.

To warm the soil, cover the seed where the watermelon seedlings will be planted with clear or green DIT (durable insulating thermal) plastic within a week before



The very popular melonheads in Photo: Nelson PHOTO COURTESY SASKATOON STAR COMMUNITIES



The first step to making your own melonhead — it's actually grown watermelon! PHOTO COURTESY JENNIE BANTLE

transplanting. Once the soil is warm, transplant the seedlings into the plastic sheeting.

For ease of transplanting, place a drop tube or weeping hole under the plastic mulch. Secure the edges of the plastic mulch with soil. Cut holes in the plastic and transplant the watermelon seedlings into the soil after all danger of overnight

frost is past (late third or fourth week of May).

Cover the transplanted seedlings with either a crop cover or clear perforated plastic tunnels. Remove all edges with soil. As soon as the transplanted plants start to bloom (usually mid to late-June), uncover plants to allow bees and insects to pollinate. However, crop covers can be replaced after frost set in to protect winter growing conditions.

In a typical year you will have ripe watermelon by the end of Au-

gust or beginning of September. The watermelons will be old produce

a hollow 'thump' when you tap your fist watermelons out of the patch close to ground. That way if the watermelons isn't quite ripe for eating, you can always join the party and eat your very own locally grown boughhead melonheads.

Bonnie is a horticulturist in the Dept. of Plant Sciences at the University of Saskatchewan.

This column is presented near-

ly by the Saskatchewan Perennial Society (www.saskperennial.ca), horticulture.sask.ca)

UPCOMING EVENT:
City Flower Secret Program
Nov. 29, 5:30 p.m. St. James Anglican Church, 607 Butters Ave. **Shade**

Shade More shade as she describes what goes into the choice of plants and care and maintenance of Saskatoon's famous flower barrels found throughout the city.

The StarPhoenix proudly presents

www.starphoenix.com

The Baby Blocks...the Babies of 2013!

The StarPhoenix annual tradition honouring babies born during the past year will be published on Saturday, January 4th, 2013. This feature will also be posted online at thestarphoenix.com for all your family and friends to access.

This feature has proven to be a favorite of our readers and a great keepsake. You can be one of the proud parents or grandparents to announce the newest member of your family.



Kyla Cherie
Shepard
Born July 9,
2012
6lbs 16 oz.
20.5" long

Daughter of
Colleen &
Paul Shepard

Baby sister to Karen, Dawn & Kelly
Proud grandparents
are Sue & Maurice Shepard
She is our bundle of joy!

NEW
(actual size)
**Include your
baby on the
cover in colour
for only \$85 +gst**
(only 12 spots available)

New!

Early Bird Deadline: Friday, November 29, 2012
Regular Size: \$30 +gst/ **Double Size:** \$37 +gst
Include your photo in colour for only \$10.00

After Early Bird Deadline:
Regular Size: \$40 +gst/ **Double Size:** \$47 +gst
Include your photo in colour for only \$10.00

Final Deadline: Monday, December 10, 2012



Complete the attached form, include a large, clear picture of your baby and prepayment of your advertisement.

The StarPhoenix Babies of 2013

ABC Morris Classified Advertising, 294 5th Ave., K Saskatoon, SK S7K 2P1

Include a large (gig) photo and your mailing to advertising@starphoenix.com
Please include your day time and evening phone number so we can contact you for credit card payment.

Or visit us in person at our classified advertising counter (Mon-Fri, 8:30-4:30).
For further information please contact us at 306-960-6205 or 1-800-667-3740.



Print booking deadline: Monday, December 10, 2012

— PLEASE PRINT CLEARLY — Please do not include any photo larger than 6x7.
If you would like your photo back, include self addressed stamped envelope.

Daytime Phone: _____ Home Phone: _____

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Select from the following options (only 12 total page announcements available)

Front Page _____ Regular Size _____ Enhanced Size _____

Color: _____ (Black & White: _____)

NAME/ NAME (AS IT WILL APPEAR IN PRINT)

Date of Birth: _____ Weight: _____ Length: _____

Check one for your choice of plating:

Proud parents etc. _____ Son of: _____ Daughter of: _____

First and Last Name of Parents:

Or specify alternate wording — “Grandson of Bill and Jean Smith”

If you choose the Front Page or Enhanced Size option please indicate any additional write up about your baby that you would like included in the announcement!

Maximum words for Front Page 10 words _____ Payment Method: Visa _____ MC _____ Amex _____ Cheque _____

Enhanced Size 10 words _____ Credit Card Number: _____

Single Size 20 words _____ Expiry Date: (MM/YY) _____

TOTAL AMOUNT PAYD

OUTSIDE THE LINES



Colouring contest

Each week, Stephenie McKey creates a family-friendly illustration meant to please kids of all ages.

Children can colour the page here, a picture taken with the finished product and email it to brad@thesaskphoenix.com. One winner will be chosen each week.

Please send entries by Monday 9 a.m.



Last week's contest winner is Sarah Polatoff. Thanks to everyone who submitted entries!



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ASK ELLIE

A crush is a fantasy, it's time to come back to reality

Q. Please help me... How to get my crush out of my head?

Reunited in Brazil

A. A crush can be a powerful fantasy that motivates you to look and act your best, and imagine a great romantic adventure. But it is often tragic.

That's because there's some ambivalence between you and the person you dream about, especially since you want to get rid of your constant images about that person.

Perhaps he/she is much older, or already married. So it's an impossible dream, and eventually becomes embarrassing.

Bring those same heightened feelings to someone available. If you're already married, write the link between you with some of your "crush" imagery... taking time to compliment, hug, and get reacquainted.

Q. My girlfriend of two years (we're both in our mid-30s) checked on me a year ago. I'd told her that I was OK with her having a polygynous sexual affair, so I think I'm quite open minded

Ask Ellie



A. You're open minded, which is nearly a good thing. But you're not a fool. "The fact that she's left on her" so early while still in a relationship

Want to Forget

Q. You're open minded, which is nearly a good thing. But you're not a fool. "The fact that she's left on her" so early while still in a relationship

A. You're open minded, which is nearly a good thing. But you're not a fool. "The fact that she's left on her" so early while still in a relationship

ships is what's keeping you stuck with this memory.

You need The Talk. You two together share commitment, but since both still young, she's in uncertainty and meeting others, you may be too.

She may be restless even while still caring deeply for you. You've had your trust shaken.

Take a break. There's no pain in forcing yourselves to pretend that never happened. If it still cloud your relationship until you take them apart, and possibly re-visit later when you're both more certain of what you want and can accept.

Make it a clean break (no sleepovers) for six months before you discuss the future.

Q. I'm just 18, and in first year university. My boyfriend said I have always planned that I'd transfer to a different university in my second year so we can live together.

I want to move in with him but I'm worried about how my parents will react.

They love him, but may think

this is too permanent for my age. I might be a little worried about that, even though we have a great relationship.

Currently I go home on weekends, but it's not really ideal.

Part-Time Lives

A. Don't blame your parents — think them. You're not certain of this move, but don't want to hurt your guy. Still, you have the maturity to question whether moving us together next year at 18 is really right for you.

Consider your education goals as well. If your current university is a good place for your interests, stay put. For now, weekend residence is a great balance to life of new experiences, new people and academic demands.

Sleeping at your family home may not provide the privacy you want, but living together would be a much bigger adjustment beyond moving time together.

Stay with your own good taste in things as this will show them that it's better to delay until more

than just too soon.

Q. I'm 25, and have never had a boy friend or been kissed. I feel so ugly sometimes, like no guys would ever like me.

I'm totally obsessed with boys but don't know what I would say if someone asked me out. I'd probably say No. I don't think I'm even allowed to date.

But do you think there is something wrong with me?

Never Been Kissed

A. Confident girls who once thought they were "sabotage ducklings" later come attractive "mentas" as they do what others consider over time.

There's nothing wrong with you. Your parents are protective, that's good. Dating in early teen years can be very upsetting, as many young people are hide, they kiss and run. Your parents know you're not ready to handle those resulting emotions.

Work on friendships with other girls, and try pants, too. Focus on that, getting good grades, and knowing you're smart and have value to lots of people.



**Next week in
BRIDGES**
**Saskatoon dancer
Keaton Leier
makes it to Royal
Winnipeg Ballet**

SHARP EATS

See a food trend you think deserves a highlight in Bridges?

Email bridges@thestarphoenix.com

or visit Bridges on Facebook.

FOOD FIT FOR FOOTBALL

Delicious Grey Cup party food

By Jenn Sharp

Nacho wings and mozzarella sticks — sounds like game day fuel, right?

Kick it up a notch this year at your Grey Cup party. Impress your pants with these unique and easy-to-make appetizers. It's not hard to put a healthy spin on the recipes, too (just don't tell anyone — they'll never know the difference).

Pillsbury Pizza Crust is the easiest way to make the Puff Bites, but if you want to make your own, whole-wheat crust that works too.

Pasta Bites can be started with anything from veggies, to ham and pineapple. Charcuterie and mozzarella are the best tasting in my opinion.

The Jalapeno Popper Dip is great served piping hot from the oven with a side of crostini or pretzels. Make it a dip for the kids with Greek yogurt.



Jalapeno Popper Dip is best served piping hot from the oven with a side of crostini or pretzels.

Photo: STYLING BY LAURA BONHORN

Jalapeno Popper Dip

INGREDIENTS

- 1 cup sour cream (or Greek yogurt)
- 1/2 cup cream cheese
- 1 to 2 cups finely chopped jalapenos (use your bites of heat)
- 107 ml mini-chopped green onions
- 80g grated mozzarella
- 200g mozzarella (optional)
- Parmesan (or any other cheese you like)

METHOD

- 1. Preheat oven to 350
- 2. Mix all of the cheese ingredients together (and don't irritate your eyes after you cut those jalapenos!)

3. If you like, add a thin layer of breadcrumbs to the top before baking.

4. Put dip in an oven-safe bowl and bake for 20 to 30 minutes.

5. For an extra element in the dip spread thin by sheet, parchment layers of Parmesan cheese on a wax-coated cookie sheet. Bake for about 30 minutes or until cheese begins to brown and harden.

6. Garnish dip with a few jalapenos and parmesan crisps. Serve with crostini or sliced baguettes for dipping.



Pizza Bites are filled with chorizo sausage and mozzarella cheese. Serve with marinara sauce for dipping.

Photo: STYLING BY JENN SHARP

Food styling by LAURA BONHORN

Pizza Bites

INGREDIENTS

- 1 tube Pillsbury Pizza Crust
- 200g ground chorizo sausage
- 200g mozzarella cheese
- 1 tbsp olive oil
- 2 to 3 tbsp. Italian seasoning, dried or pure dry
- 1 small jar marinara or pizza sauce

METHOD

- 1. Preheat oven to 350
- 2. Cut out 12 thumb-and-index-bunches of pizza and slightly stretch each piece of dough. Place a piece of sausage and cheese in middle of dough and close edges to form a round pocket. If the dough is too thin to wrap, you need a large pizza.
- 3. Place the individual bites close together in an oven-safe dish.
- 4. Brush the top with olive oil, sprinkle with herbs.
- 5. Bake for about 20 minutes or until the edges of the dough begin to brown.
- 6. Serve with marinara sauce for dipping.



A variety of Grey Cup party appetizers. Photo: STYLING BY JENN SHARP; STYLING BY LAURA BONHORN

Grey Cup Week, Nov. 20 to 24

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\$13,995*



2009 NISSAN ALTIMA 2.5 S
2.5L I-4, 5-Spd Automatic, SVA, ROOF, SEATS REMOTE, STA, 94,917 km, #D7142

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Cap. 20

WINE WORLD

SWEDISH HOT SPICED WINE

Glug glug: Wine to keep you warm during the game

By James Romanow

A friend of mine found some avena and ended up bringing home a Swedish. She was home and her first Christmas and made spiced wine for us, a popular Swedish beverage called Glögg. Delightfully, it's pronounced "glug glug," the winter where they found that name!

Combine the ingredients in a large pan, warm it to just below boiling then turn the alcohol off. Then lower you with a warm, fiery drink, but not particularly alcohol, allowing for drinking throughout the festivities. (When the kids are asleep, then you pull the Alewife from the cupboard and add a few more.) Mix the alcohol off until it's about 10% alcohol. Adjust the sugar to taste, adding another liqueur after it has changed. It's a fragrant, spiced, cloves and cinnamon blend. It's served in a mug with a cinnamon stick while hot.

If you would like, you're taking your glögg to spend three hours sitting outside to watch some nameless football game. I'd suggest reheating to about 150 F and adding it to a thermos without the cinnamon. (Not that I would ever encourage anyone to drink in the cold, but the low) I'd go easy on the addition of sugar or brandy. Somebody has to drive home and your kid will be too tired.

More wine in Monday's paper or on Twitter @avhouska.

Glögg (Spiced Wine)

INGREDIENTS

- 1 quart chopped
- orange, unpeeled and quartered
- 1 cup sugar
- 2 cloves
- 1 Tbsp ground cinnamon and/or nutmeg
- 1 bottle red wine (use Henry of Pelham Riesling)
- 1/2 cup brandy or rum (like coffee or rum)
- 1/2 cup Port wine (use Portwein)

METHOD

- 1. In a non-reactive, 16-cuppan, add all the ingredients and warm, stirring constantly.
- 2. If you want some alcohol to remain, keep the temperature well below boiling. If you prefer to remove alcohol, reduce it to a boil for 10 minutes. Let steep on the counter overnight.
- 3. Strain and warm slowly. Decorate with a star or swirl. A mug suggests a swirl of orange and a cinnamon stick. Add vodka, brandy extract or liqueur to taste.
- 4. If you're left overnight, reheat, rewarm and strain. Then, add up to a cup of alcohol. Or not.

Crossword/Sudoku answers

A	T	E	A	P	P	O	H	H	Y	S	T
M	D	B	S	H	U	F	A	B	E	C	O
F	I	L	O	R	M	A	T	H	I	S	A
M	J	P	A	I	E	E	C	A	R	A	E
I	E	H	O	N	E	D	A	C	O	N	T
B	A	C	O	N	F	A	T	E	S	T	E
H	E	N	D	E	N	I	R	A	I	S	E
M	D	N	A	S	I	F	A	E	S	T	S
T	H	E	O	N	T	H	E	W	E	L	L
D	A	S	S	I	S	A	D	E	A	S	S
E	E	H	O	N	A	M	C	T	E	A	T
H	E	P	A	S	O	D	M	E	N	T	E
B	I	E	R	S	T	E	N	T	E	N	T

7	4	6	5	9	8	1	3	2
2	9	5	1	3	7	4	8	6
3	8	1	6	4	2	9	7	5
9	5	8	2	6	1	3	4	7
6	3	4	7	5	9	8	2	1
1	2	7	4	8	3	6	5	9
8	6	9	3	2	5	7	1	4
4	7	2	8	1	6	5	9	3
5	1	3	9	7	4	2	6	8



Letters to Santa

Children of ALL AGES

Santa needs your help!

Remember last year we invited you to submit letters to Santa in advertising themes during the holiday season?

YOUR RESPONSE WAS OVERWHELMING!

This year he needs your help again.

Please write or draw (or both) telling Santa about a family Christmas tradition.

*** PLEASE WRITE IN PEN ***

(I am mostly as possible.)

Some of the letters received will appear in The StarPhoenix and Redges.

WIN A \$250 Gift Card from THE GIGGLE FACTORY

Please submit letters until next Friday, November 30, 2013.

Please include your name, age and phone number on the back of the letter, and mail in an envelope to: The StarPhoenix, 2554 6th Ave. N., Saskatoon, SK S7K 2P3.

Note: Please include your family name and we will not be publishing letters received on behalf of individuals or companies or concerns not related to The StarPhoenix Advertising Dept. (306) 651-8332.

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